

ANGLAIS

BEP – SECTEURS A et B

DUREE : 1 h 00

COEFFICIENT :

L'usage du dictionnaire électronique ou papier n'est pas autorisé

Le présent sujet comporte 4 pages numérotées de 1/4 à 4/4

Le candidat répondra directement sur le sujet qu'il joindra à sa copie

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GETTING READY

When do you smoke?

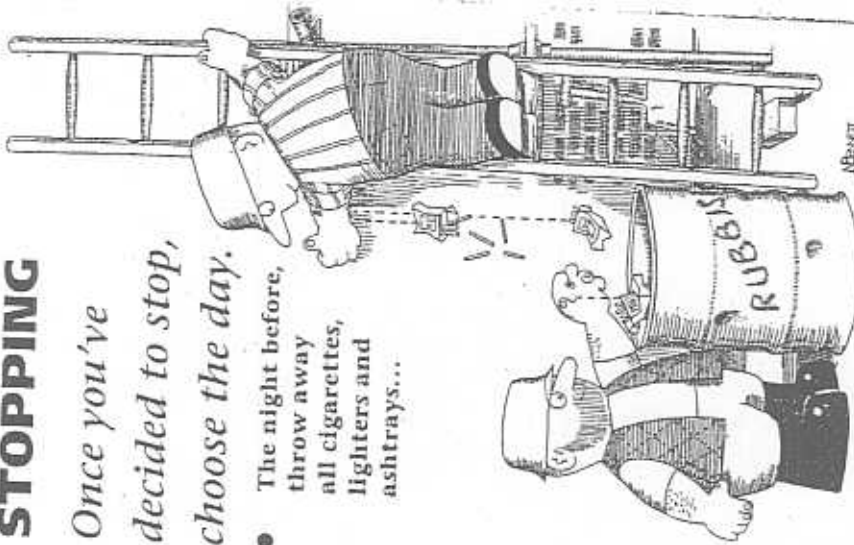
Why do you smoke?

- Write down when you smoked each cigarette during the course of a week. How much did you enjoy it?
- Use your notes to work out which times are going to be difficult and how you're going to handle them. For example, if drinking coffee makes you want to smoke then change to juice for a while.
- It helps to be clear in your own mind why you want to stop. On the right you'll find a checklist of the commonest reasons people give for wanting to quit. Tick those that apply to you and add your own.
- If the going gets tough, look back at your list. Remind yourself why you decided to stop smoking.

STOPPING

Once you've decided to stop, choose the day.

- The night before, throw away all cigarettes, lighters and ashtrays...



then just . . .

STOP!

**Remember:
No Smoking Day
is Wednesday 13th March**

**Stick with it: every hour
without a cigarette
is a success**

REASONS FOR STOPPING SMOKING

Tick the reasons that apply to you.

- I'll be fitter
- I'll breathe more easily
- I'll get rid of that cough in the morning
- I'll save money
- I'll be more in control of my life
- I'll lower my blood pressure
- I'll have less chance of getting lung cancer
- I'll be less likely to have a heart attack
- I'll have more chance of producing a healthy baby
- I'll set a good example for my children
- I'll have fresh breath
- I'll have cleaner-smelling clothes and hair
- I'll have more self-respect

Why not add some reasons of your own?

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is organised and promoted by a coalition of health education agencies, major cancer and heart charities and smoking education organisations in the UK.

No Smoking Day
Hamilton House
Mableton Place
London WC1H 9TX



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I – Le document propose des moyens pour se préparer à arrêter de fumer. Cochez les dans la liste suivante. (3 points)

- Use your notes to check the least difficult moments and think of solutions.
- Use the checklist given to find reasons for stopping.
- Take notes of the moments when you smoke in the week.
- Use your notes to find out the most difficult moments in the week and think of solutions.
- Take note of the number of cigarettes you smoke every week.

II – C'est la journée sans tabac. En tant que fumeur vous vous sentez concerné(e). Pour vous motiver, vous recherchez dans le document des raisons pour arrêter de fumer qui ont un rapport avec : (réponse en anglais) (5 points)

a) Votre santé (2 raisons) :

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b) Votre entourage (2 raisons) :

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.....

c) votre budget (1 raison) :

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III – Vous avez pris rendez-vous chez un médecin. Vous voulez arrêter de fumer. Le médecin vous interroge. Retrouvez ses questions. (4 points)

a) Doctor : - so, ?

You : Yes I do, but I want to give up.

b) Doctor : ?

You : About 15 every day.

c) Doctor : ?

You : I started smoking when I was 16.

d) Doctor : ?

You : Because I want to save money and I don't feel healthy.

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IV – Complétez les phrases suivantes par le modal qui convient : (3 points)

can't	must	may	needn't
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- a) Don't drop your cigarette here it start a fire.
- b) He smokes too much. He run a hundred metres.
- c) You cough because you smoke too much, you absolutely consult your doctor.

V – Votre ami a envie de se mettre à fumer. Vous lui donnez de bonnes raisons et une série de conseils pour ne pas commencer. (50 mots minimum) (5 points)

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